



The Accent

a publication of The Western District of Kappa Kappa Psi and Tau Beta Sigma

In this issue...

Extended Family: How to bring the Joint Experience to your Chapter

Two Brothers of Beta Omicron share how they found the joint experience in newly-adopted Sisters to the South. (p.5)

Women in Music

Theta Delta shares their experience and a guide to putting on a successful Women in Music program. (p.8)

District Leadership Conference 2017

Hosted by the Psi and Epsilon Kappa Chapters at UCLA, DLC was a blast! Here's a snapshot of what happened that weekend! (p.11)

...and more!

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On the Cover: Photo taken of Julia Karstens' car dashboard on the way to the VA Center service project.

TBS Sister Nwachukwu Oputa teaches Sisters how to Step at DLC 2017.





The Western District Council opens DLC 2017 at UCLA.



Sydney Dychiao

Western District President, Tau Beta Sigma

“Hey Westside!”

I can only say that these past couple of months have been an absolute whirlwind. From DLC to State Days, the life of a District Officer has been grab what you can and go! But, I would not want it any other way. I think I speak for all the District Officers when I say that it has been an incredible experience getting to serve the District--the best District--thus far. DLC was just the beginning of an exceptional District season and it was especially rewarding to see DLC come together from its infancy to a full-fledged event. More importantly, it was immensely satisfying seeing how much the District enjoyed it (and

that we didn't just imagine it). Just a few weeks later, I was able to attend Calivada State Days hosted by the Iota Pi chapter at Cal Poly SLO and, again, I could not have asked for a better experience. The Iota Pi Brothers worked tirelessly to ensure that everyone who attended had a remarkable time.

So, now that you've heard me spouting how wonderful and extraordinary the Western District is...get out there and join us! Western District Convention 2017 in Boise, ID is just around the corner and, without giving away too much, it's going to be phenomenal. That's all you get, but that should be more than

enough to encourage all of you to make your way there for an eventful weekend. If that's not enough, then just wait till the promotion gets started.

Thank you all for making my leadership journey unforgettable, but it's still going and I want to see you all there in Boise for the next chapter.

MLITB <3,
Sydney Dychiao
Western District President
Tau Beta Sigma, Epsilon Kappa

SHOUT OUTS!

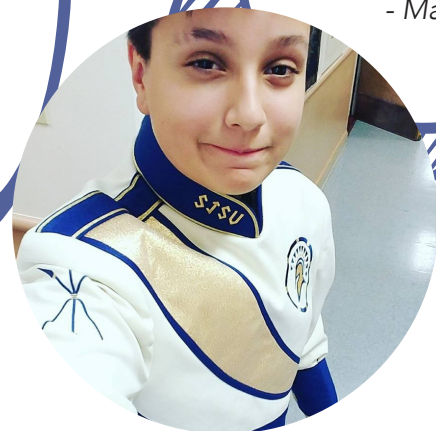


Mitchell Vareldzis

Beta Omicron, Kappa Kappa Psi

It was so great to finally meet you in person at IDLC! You had just as a warm personality in real life as you did over chat and I appreciated your company and overall presence from event to event.

- Holly Chan, Gamma, KKPsi



Vivian

Lambda Psi, Kappa Kappa Psi

Vivian is super rad hair style. In addition, she's a great drummer. I had a great time and creating a great weekend!

- Marie



Katelyn Dietz

Iota Pi, Kappa Kappa Psi

Katelyn, you're doing such a awesome job Vice President-ing while still being an all around amazing Brother! I know I can count on you for anything!

- David Horwitz, Iota Pi, KKPsi



Jer

Theta

I have

Ima



Fletcher

Kappa Kappa Psi

er sweet and has the most
yle I've ever seen. Not to
totally BA because she plays
great time talking with her
skit together over DLC

essa Robles, Iota Kappa, KKPsi



Nicky Redmond

Beta Omicron, Kappa Kappa Psi

Nicky! I love you to bits and pieces. Every day is special with you in it and you are such an inspiration to me. You are such a bright burning star in my life. Thank you for being an amazing Big Brother. <3

- Rachel Sibbles, Omega, TBS



Jensen Amens

Kappa Kappa Psi

ve loved getting to know you via snail
ail! MLITB

- Jordan Metz, Gamma, KKPsi



Caitlin Thompson

Theta, Kappa Kappa Psi

Caitlin is an amazing Brother because she always is so supportive and encouraging. Caitlin has been in this organization for many years and she knows the ins and outs and has the knowledge to help out her Brothers when they need it and is happy to do so.

- Jensen Amens, Theta, KKPsi



Extended Family

how to bring the joint experience to your chapter



Nicky Redmond

Beta Omicron, KKPsi

The Beta Omicron chapter at Arizona State University has long been without a Sister chapter. The Sigma chapter of Tau Beta Sigma that used to operate at ASU became inactive in the 1970s, and since then Beta Omicron has been deprived of Sisterly love. However, The Omega chapter of Tau Beta Sigma at the University of Arizona very recently lost their Brother chapter, and Beta Omicron was more than willing to reach out to our Sisters in the South. Together, our chapters created an “adoptive” Big Brother/Big Sister program. In this program, an Active “Big Brother” of Beta Omicron is paired with a Candidate Member “Little Sister” of Omega, and an Active “Big Sister” of Omega is paired with a Prospective “Little Brother” of Beta Omicron. Ideally, the Big Brothers and Sisters can teach their new adoptive Littles about their respective

“*It is not unusual to have Brothers and Sisters driving two hours to give gifts to their new Littles when they complete a Degree ritual.*”

organizations, provide mentorship throughout their adoptive Little’s process, and foster friendship and siblinghood between the two organizations and universities.

I was honored to be tasked with organizing this program and creating the pairings with the help of the Vice Presidents of Membership from both organizations. We had no idea what to expect with this new program, but after three semesters of operation, we have

been able to witness several lasting bonds form between our chapters. It is not unusual to have Brothers and Sisters driving two hours to give gifts to their new Littles when they complete a Degree ritual, nor is it uncommon to see these siblings interact at Western District events and Arizona State Days. Even during the often heated ASU vs. U of A rivalry game, Brothers and Sisters will momentarily forget about the game and opposing colors and



Nicky Redmond (left) of KKPsi Beta Omicron with his adoptive Little Sisters Jessie McCraw (middle) and Rachel Sibbles (right) of TBS Omega after Jessie's Second Degree ritual.

take selfies with their new family. I truly feel like this has strengthened the bond between the chapters, and has been a good step for Joint Relations.

I would strongly recommend that any chapter that does not currently get to be a part of the Joint experience try to reach out to another chapter and have a discussion about starting your own adoptive pairings. Here are some tips to get started:

- **Contact the head of Membership of each organization** and stay in contact about all potential details, including when to tell candidates about their new sibling and what the role of each Big should be.

- **Find out a way to pair Bigs and adoptive Littles.** One method we use is having both parties fill out a survey with fun

“ [...] This program only works if everyone involved is committed to staying connected. ”

facts (favorite food, music they like, etc.) and try to find Bigs and Littles with similar interests. The more detailed the survey, the more you can try to match personalities!

- **Keep Active members engaged in their Little's process.** This can be particularly hard over longer distances, but this program only works if everyone involved is committed to staying connected.

I am blessed to have been a part of this process, and to have two Little Sisters of my own who consistently bring light into my life and make me actually look forward to the road trip through the desert. I am excited to see

their growth through Tau Beta Sigma, and am looking forward to see how the Big Brother/Little Sister program evolves and improves. The Omega Chapter will have another class go through First Degree in the Spring. Another round of pairings will be underway, the success of which will hopefully be apparent with the Brothers of Beta Omicron and the Sisters of Omega together at National Convention.

Love is what connects us as Brothers and Sisters, and hopefully there is much more love to come.



BOmega Week in November.

Extended Family (continued)



Maribel Hernandez

Beta Omicron, KKPsi

As a first year active, I have been more than blessed with wonderful people who did nothing but support me, especially through my process. It felt like a very short year because all those wonderful moments flew by quicker than I would have liked.

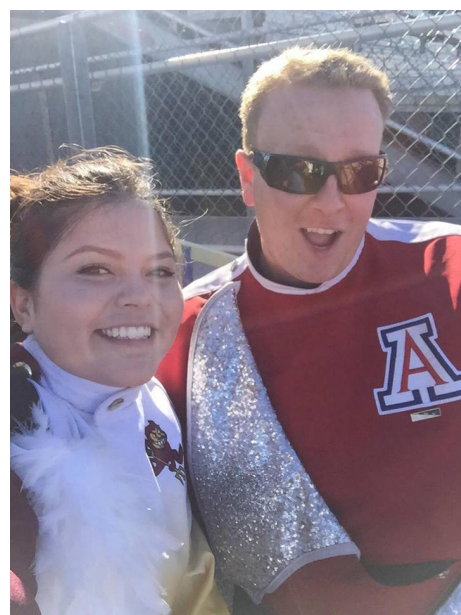
Through the membership education committee, specifically Nicky Redmond, I was able to be paired with Brandon Hiller as my Tau Beta Sigma Big. At first, I believed we would only talk at the U of A game, but boy, was I wrong. He quickly became one of my favorite people. He was more than supportive during my time as

a prospective and up to this day as an active.

Whether it's talking about school or chapter stuff or even pugs, I know I can always find a friend or even a mom in him. Being from rival schools proved to mean nothing when such love in the bond exists. I owe him for my passion in correspondence and joint relations, which led to my position as secretary in Executive Council for this upcoming year. He is the embodiment of what it means to be an exemplary member of Kappa Kappa Psi and Tau Beta Sigma, and I am going to miss him dearly.



Jenni Thornton (left) and Rachel Roty (right).



Maribel Hernandez (left) of KKPsi Beta Omicron with her adoptive Big Sister, Brandon Hiller (right) of TBS Omega.

Women in Music

Theta Delta's Experience



Lyndsee Vargas

Theta Delta, Tau Beta Sigma

The opportunity to participate in the Women in Music program allows Sisters across the nation to demonstrate solidarity with female professionals in the music field while raising awareness about challenges specific to women in music. In addition, it provides an outlet for professionals and students to discuss how to work against these problems. Chapters who participate in this program get to experience a fulfilling national program suggested by the **Focus on Five** program that can increase chapter involvement.

Setup

In order to maximize your ability to host a successful Women in Music Program, I highly suggest reading the Women in Music program guide available on the national website. Following are some additional steps Theta Delta followed to best conduct this program.

1. Contact Potential Speakers

Early on in the process, select potential women you would like to

9 the accent | best of winter '17

feature. A good place to look is female faculty and women involved in music near your chapter. Theta Delta selected three women from the wind faculty at the Washington State University based on their expertise in their fields. All three of the women we selected were Doctors of Musical Arts and professors allowing us to include questions about graduate studies and being female educators in our broadcast. The beginning of your semester or term is an ideal time to reach out to speakers you have in mind because it will allow you ample time to plan the event based on their schedule and can save you time if an unexpected conflict arises. Our original date ended up being moved because one of speakers was invited to go on tour with our faculty brass ensemble. Knowing the schedules of our speakers allowed us to choose an alternate date before the end of semester.

2. Find a Space

It is key to the success of this event to have a fitting venue. Often this can be done by renting out a room from your music building or university. Theta Delta chose to host this event in the lecture hall in our music building. We were also able to reserve microphones to use with the room through the same source.

3. Advertise to Audience

The first step to successfully advertising is selecting an audience. Women in Music Speaker programs serve in a way that can benefit many different disciplines. Reaching out to women studies classes and other groups devoted to the



Women in Music speakers Dr. Sarah Miller, Dr. Shannon Scott, and Dr. Sophia Tegtart

“*Reaching out to women studies classes and other groups devoted to the professional development of women [...] can greatly increase the turn out for your event.*”



Theta Delta Sisters eagerly await the beginning of their Women in Music program.

professional development of women—in addition to your university’s school of music—can greatly increase the turnout for your event. Theta Delta’s Women

in Music was even made extra credit for the Women Writers course due to the interdisciplinary nature of the topics at hand.

Below are various ways to spread



Programs for the Women in Music event.

the news of your events:

a. *Posters:* Posting posters in your music hall, around campus, and in residential halls is an easy way to advertise. I personally have had the most success making posters on PowerPoint and saving them as a PDF for printing purposes. Make sure to include details such as the time, place, who is speaking, and a short description of what the event is. If your chapter is planning on hosting a reception, advertising it on your posters can increase the chance of luring someone who is on the fence to come to the event (free food always wins)!

b. *Facebook event pages:* Facebook event pages are an easy way to share your event online. Encourage Sisters to share the page with their friends, and post it on your chapter page, Alumni pages, The West, Joint pages, and any other TBS or band related pages you are a part of. If you are doing a livestream, information on that can be shared here, along with all the

information shared on your posters, and any additional biographical information about your speakers your audience may be interested in.

c. *Announcements in classes:* Encourage Sisters to announce the details about the event in classes that discuss women's issues, education, or encourages participation in university events. This helps maximize the reach of your program while also creating a diverse audience that will add new perspectives during your Q&A sessions!

4. Programs, Reception and Thank You Gifts

There are many additional factors you can incorporate into your Women in Music event to give a finished and professional feel. Theta Delta made programs that included our speakers' professional biographies, the Tau Beta Sigma Mission Statement, and the individual Sisters who contributed to making the program successful. We also used chapter funds to supply a reception for the live audience

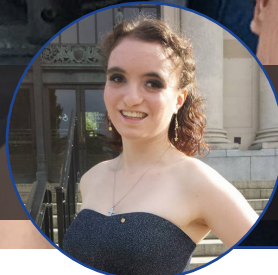
following the event, and to pay for thank you gifts for each of our speakers: a blue crystal rose pin to symbolize the solidarity between women in music and the Sisters of Tau Beta Sigma. Another suggested thank you gift is to extend honorary status to one of your speakers, but should only be used after heavy consideration.

Technology

Theta Delta chose to livestream our Women in Music event using Facebook live. It cost nothing, and only required a tripod (which can be found under \$20 at Walmart) and a fully charged cell phone. By sharing the page on which the livestream was going to be hosted on, we were able to share this event with the entirety of Tau Beta Sigma and our Alumni, friends, and family outside of the Palouse. Despite only having roughly twenty people in the live audience, our post had reached 726 people, 220 of which had stopped and watched part of the program. Now that approximately a month has past, an additional 122 people have watched the event, totaling 342 people being informed of the experiences women in music face. Livestreaming this event has allowed Theta Delta to archive the video, and have it available to other chapters as a resource. Our stream is still available on our chapter's public page:

Tau Beta Sigma - Theta Delta.

reflecting on DLC 2017



Miranda Raw

Theta, KKPsi

“A new year means new experiences.”

This was my second DLC out of the three years I have been part of this fraternity, and it was my last DLC. Yes, I am a senior and will be graduating in June with degree in hand. When people ask me what I learned at this conference, I can't give an answer on the spot. There is too much I learned to put into words immediately. After many minutes of thought over the past two days, I can summarize what I learned this weekend into three things:

1. Everyone is a unique leader.

Every person is a leader in his or her own way. Nobody is the same. As Brothers we strive to become the best leader we can be by sharing similar goals, but to get to them, we all differ. As a leader, you are an image for others to see and look after; someone can

Brothers of Theta as well as the District Secretary-Treasurer Kaitlyn Leung and Publisher Holly Chan ride the Flyaway Bus to UCLA.

become a better leader in the future by learning from your example. To me, being a leader means having confidence in what you say, but also knowing that nobody is perfect and being willing to accept mistakes and constructive criticism to become better. To me, being a leader means to have confidence in what you say, but also knowing that nobody is perfect and accepting mistakes as constructive criticism to become better. You must stay

positive in all circumstances because everyone you lead is affected by your actions. Know that you are not alone with the difficulty of the leadership role and accept that there are indeed people out there to help you become the best leader you can be.

By just trying to be the best leader you can, you are noticed by others, but a lot of times there is silence. Never lose faith that you



Brothers of Theta at DLC 2017.

can be a leader. By being a Brother in Kappa Kappa Psi, or a Sister in Tau Beta Sigma, you have accomplished one step of being a leader. This leadership is in music, by being someone who has stepped up to the plate to express that music isn't just an art, it is a way of life. Brothers and Sisters aren't just people that can play an instrument and are in some collegiate organization; they are people who serve to help better music programs. Let others know that music is a gift and should be cherished always and not put down or ignored, and can make another person's life worthwhile through a one-of-a-kind friendship bond that will last for a lifetime.

2. Setting goals is more than what you think.

Setting goals is never a fully-learned task. You continue to learn with every new goal you set and from hearing other people's strategies. Setting goals is always a work in progress. All goals are different. Never think your goals are stupid or wrong. All the steps you take toward a goal differ between one versus another. Never overshoot yourself on a goal, no matter how easy it may seem to achieve. You always have to take continuous small steps.

Collaboration with others is key to getting valuable input on whether the goal is truly achievable. If not, change it just ever so slightly with help. If the goal is a group goal, always give your 100% participation. If not, the goal cannot be as good or easily achieved as it could have been with you. If the goal is individual, never lose doubt that you can't achieve it, because just by thinking that, you hinder yourself.



Brothers color in smaller puzzle pieces of their creed and crest for the first activity of DLC.

Always reach out to others without hesitation. People like Brothers in Kappa Kappa Psi and Sisters in Tau Beta Sigma are always available to help you if you get stuck or need help setting and achieving goals. If we didn't have goals, what would we as individuals be doing right now? Nothing. Setting goals is the drive to keep us moving forward within a life that is rocky with many peaks and valleys, while also letting you know that anything is achievable as long as you put your mind to it and stay positive. If a step towards a goal gets interrupted, never give up—it's a reminder to keep going.

3. The definition of a true Brother of Kappa Kappa Psi

Whether they are in the same city or separated by a state, true Brothers are the ones who accept you 100% of the time. True Brothers are the ones that see you in your best and worst times, give you a hug whenever you need or want one, support you when you make a mistake and help you get through it, make you laugh, make you enjoy life, and shape your individuality. If in fact a conflict arises with a Brother, it may be difficult to get through, but together you learn to forgive and resolve. Why? Because you both

“ Know that you are not alone with the difficulty of the leadership role and accept that there are indeed people out there to help you become the best leader you can be. ”



Western District Secretary-Treasurer Si Si Ni leads the Leadership Toolbox: User Manual workshop on goal-setting.

know in your hearts that certain people who come into your lives can be precious and fragile gifts at the most unexpected times, and they end up positively impacting who you are to one another. The impact is so large that your feelings when you see them and the relationship that happens can't and will never be replaced by another person. Between one another you silently vow that you will never let each other go and together continue to learn the phrase day by day: "Love one another as I have loved you." True Brothers in my eyes are your siblings you wish you had and basically do, and the best friends you will have for the rest of

your life.

This weekend was a whirlwind of emotions for me, including happiness, excitement, exhaustion, and even sadness. With all my heart I give kudos to the host chapters Psi and Epsilon Kappa, the Western District Council, and Theta members Christine Daquinag, Caitlin Thompson, Robin Watson, Gabby Swanson, Brian Johnstone, Nicole Ugulini, Jensen Amens, and Prospective Member Saray Hernandez. Also, I can't forget our Theta alumnus, my best friend and current Iota Kappa active Nathaniel Patlovich for making my last District Leadership Conference memorable. If it

wasn't for you all, I wouldn't have had the experience that I did. I am truly grateful for every person I meet and every single friend I make in Kappa Kappa Psi and Tau Beta Sigma. I realize now that being in Kappa Kappa Psi was the best decision I made in college. Not only did I make the best friends I will ever have in my life, but I also serve what I love being involved in... music. If you have not yet attended a district event, I highly recommend going to at least one while a part of Kappa Kappa Psi or Tau Beta Sigma. You learn more about yourself than you ever thought you could. By attending an event like DLC, you actively engage in making yourself a better person, leader, and Brother (or Sister).

“ True Brothers in my eyes are your siblings you wish you had [...] and the best friends you will have for the rest of your life. ”

Miranda Raw
Theta Chapter – 3rd Year Active
Oregon State University

DLC 2017

My Leadership Story



Nolan Coody
Beta Omicron, KKPsi

DLC attendees name qualities of a leader as they pass around balls of yarn.

Before this DLC I never put thought into my leadership story and how I became the leader that I am. I know how I lead and how to capitalize on my skill set but never thought how I got there. I was searching for the answer all day thinking that it would become clear.

The self-reflection period with the advisors was just what I needed. There was a moment when I realized I got to where I am because of my Brothers. I took the traits I admire in them and tried to make them my own. It has been a gradual change but I am a better person for keeping an open mind

and learning from them. The thought then crossed my mind that I have never said thank you to them. Never said thank you for all the struggles and good times we spent together that made me who I am. When the time came to take puzzle pieces to give to the people who shaped my leadership story, I needed more. If I could have taken the bag of puzzle pieces I would have, but I made certain to share my thoughts with my Brothers. I came to tears more than once trying to say a simple "Thank you." It made me realize how much I owe my Brothers.



Completing the KKPsi creed/crest puzzle.





Psi & Epsilon Kappa DLC Instrument Supply Drive



Julia Karstens

Psi, KKPsi

At this year's DLC, held at UCLA by the Psi and Epsilon Kappa chapters, our Tau Beta Sigma Vice President of Special Projects, Jenni Thornton, and Kappa Kappa Psi Member at Large, Jake Rocco, coordinated an instrument supply drive. We had a "competition" of sorts to see which chapter could bring in the most donations. Brothers and Sisters brought everything from valve oil to instructional books to instruments. Alpha Chi came out on top making the most donations to the drive. They were followed by Omega and then Beta Omicron.

Psi and Epsilon Kappa were then charged with finding a deserving school to offer the instruments and supplies to.

Psi and Epsilon Kappa reached out to **Alain Leroy Locke College Preparatory Academy** in Los Angeles in an effort to contribute to their newly reinstated music program (restarted in 2014). Their director, Mr. Matthew Cotton (an alumnus of Kappa Mu in Georgia) was thrilled to hear about the possibility of new instruments for the program. The bulk of the donations went to Mr. Cotton's program at Locke, although not all

of it could be utilized by his band. Locke is a school that UCLA's chapters have been in contact with throughout the years.

Psi and Epsilon Kappa are looking into donating the accordion to one of UCLA's music ensembles (possibly the Irish Music Ensemble) and finding a home for the baby guitar. Psi and Epsilon Kappa were thrilled to be the chapters presenting the product of this service project.



Getting ready to perform at the VA Center as part of the weekend's service projects.



Group video chat with current and past national officers.



Sisters piece together the Tau Beta Sigma puzzle.



Personal Leadership Reflections with District Advisors.



KKPsi Western District Vice President Alyssa Maher is officially sworn in.



Western District Officers draw for their lunch dates.



Brothers and Sisters who were housemates for DLC weekend.



Brothers and Sisters telling stories to one another in groups all around the band room.



TBS Western District Secretary-Treasurer Kaitlyn Leung and Vice President of Special Projects Jenni Thornton hug President Sydney Dychiao after being officially sworn in.

TBS Awards



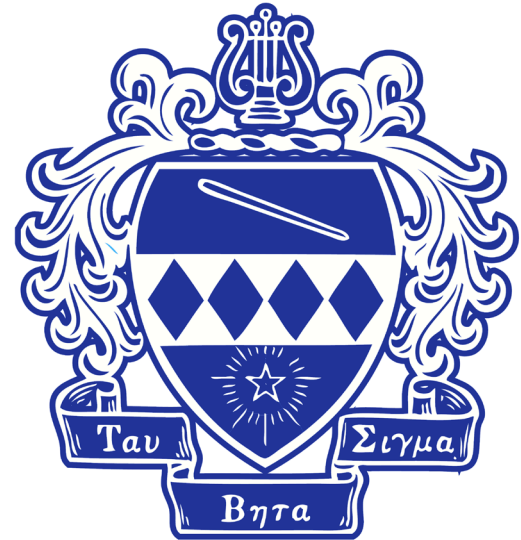
Jenni Thornton

Vice President of Special Projects, Tau Beta Sigma

Brothers and Sisters of the West,

It is my pleasure to announce the recipients for the second round of TBS district awards!

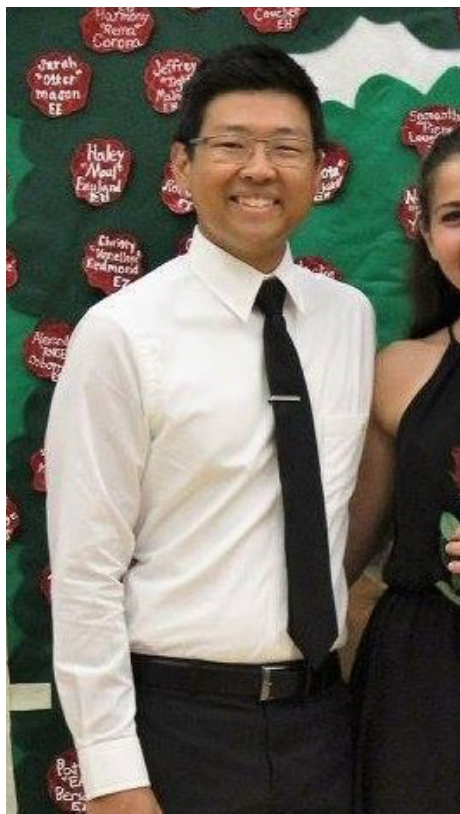
The two recipients of the Unsung Hero Award are Kaley Greenman from Alpha Chi at Northern Arizona University and Andrew Morton from Omega at the University of Arizona! The recipient of the Distinguished Sister Award is Loren Amy Wrigley also from Omega! Thank you all for your hard work and dedication to your band program and chapter! Congratulations to these three Tau Beta Sigma award recipients!



Unsung Hero Award **Kaley Greenman**

Kaley has shown constant leadership in her chapter as she consistently volunteers for every service project, fundraiser, and social Alpha Chi holds. During her first active semester, she was a Big Sister to her little Brothers from Gamma Kappa and has motivated other Sisters to become more involved within her chapter. She is always willing to help out in whatever she can to best serve her chapter. Kaley is the true definition of a leader without a title. She has been so involved with her chapter while also managing being a full-time student and working a part-time job. Kaley is an incredibly hard worker and is always positive regardless of the situation. She has often reminded other Sisters of the excitement and joy of being a new Sister and helping others both within her chapter and within the community. She is a constant reminder to her chapter of what being a Sister is all about.

Congratulations, Kaley!



Unsung Hero Award Andrew Morton

Andrew took incredible initiative throughout his first active semester and continues to serve his chapter as the Membership Committee Co-Chair. Andrew worked tirelessly to ensure that all of the Candidates were able to learn their vocal parts for sorority songs. He also conducted countless concert receptions in the School of Music and was always the first person to step up when the chapter needed additional Sisters for playing gigs. Andrew has shown much growth in TBS through his co-chair position on the membership committee. Through this committee, Andrew has taken initiative in leading rush events as well as offering the Vice President of Membership new, helpful ideas. He has done all of this while being the Alto Sax Section Leader in the Pride of Arizona Marching Band and leading a section of 20+ to great success. His passion for music and service is a true inspiration to his fellow Sisters.

Congratulations, Andrew!



Distinguished Sister Award Loren Amy Wrigley

Loren was recently re-elected as the President of Omega. She has led her chapter to success with an incredible drive that has inspired her chapter to work hard to accomplish their goals. She is a distinguished member of her marching band and always sets the example. Loren always maintains her emotional poise even in stressful situations and represents her chapter in a very professional manner. Loren truly personifies the Qualities and Essentials. During her presidency, she has also aided in increasing chapter participation at district/national events and in district and national programs. She leads by example and is a true role model to her chapter. Loren has dedicated her time to serving her chapter and has worked to continue her chapter's success as she has shown other Sisters how to continue Omega's growth in the future.

Congratulations, Loren!

REMINDER: The final round of TBS Award Nominations are due March 15th at 11:59pm PST! Nominations can be made on our brand new district website:

<http://westerndistrict.kkytbsonline.com/awards/>

the accent | best of winter '17



Thank You for Reading!

Questions? Comments? Send them to: wdpub@kkpsi.org

